

SCOTT BROWN YOUTH BASKETBALL LEAGUE RULES

Updated 11/23

1. The Scott Brown League is a recreational league for the fun and enjoyment of those children participating.
2. The National Federation of High School Basketball Rules govern league play, along with the following additions:
3. Area towns within the Scott Brown League are not responsible for valuables, personal effects or injuries to participants.
4. Players play through the town they go to school. If in a Unified School District, the player plays through the town they went to grade school or the town the player would have attended grade school.
5. Players wear their given team jersey or t-shirt during all league games. There is no designation between home and away jerseys.
6. **TEAM ROSTERS**
 - A. League players may be listed on one league team roster ONLY.
 - B. Each league town representative provides a copy of their league team's rosters to the League President prior to the first league game.
7. **DEFAULTED GAMES**
 - A. Games are defaulted ten (10) minutes after the scheduled starting time provided one team is on the court, ready to play.
 - B. If both teams fail to report by the scheduled starting time, the league supervisor is empowered to adjust the playing time of the game in order for the game to be completed within the scheduled playing season.
8. A starting lineup needs to be presented to the scorekeeper at least five (5) minutes before game time.
9. **BASKETBALL GOAL HEIGHTS**
 - A. 3rd/4th Grade Boys & Girls 9 ft. goal height
 - B. 5th/6th Grade Boys & Girls 10 ft. goal height
10. **BASKETBALL**
 - A. All SBBL Divisions use a Women's Basketball (28.5)

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11. LENGTH OF THE GAME

- A. League games are four (4) quarters, consisting of eight (8) minutes, each.
- B. The clock runs continuously throughout the game EXCEPT for
 - 1. When there is a Free Throw Attempt
 - 2. During the Last One Minute of the Game when:
 - The official whistles the ball out of bounds
 - A whistled violation is made
 - A whistled foul is called
 - A free throw is being attempted
 - A legal team substitution is being made
 - There is a time out granted by the official
 - A player injury is indicated by the official

12. MINIMUM PLAYING TIME

- A. Each player, unless they are disqualified or injured, plays at least sixteen (16) minutes or two (2) quarters of each game, unless there are more than 8 players on their team. If there are more than 8 players, coaches are asked to have a player rotation for substitutions.
- B. Coaches may substitute freely during the game, but making sure that playing time is distributed properly.
- C. All players must rest; no player plays the entire game, unless there are only 5 players.
- D. If coaches are found to be in violation of this rule, games in which they did not follow the rule will be forfeited.
- E. Players must play in half of their scheduled league games in order to be eligible to play in their End of the Season Divisional Tournament.

13. SCOREBOOKS

- A. Each league team should keep a score book during each league game.
- B. The host site's score book is the "official" book for each league game.

14. PLAYING UP OR ON MULTIPLE LEAGUE TEAMS

- A. A player from a younger grade division team MAY NOT play on any other league team if five (5) players are present for that league team.
- B. If a player from a younger grade division team has to be used as the fifth (5th) player on an older grade division team, this player may be used in this manner only twice, per player, during their season of league or tournament play. If an additional player(s) from the older grade division team arrives for the game, this player must replace the player from the younger grade division.

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15. THREE-SECOND LANE VIOLATION

- A. This rule is in affect to keep players from staying exclusively in the lane during an offensive possession.
- B. In the 3rd/4th grade divisions, this rule will be loosely enforced, and officials need to talk to the offending player's coach before enforcing this rule.
- C. In the 5th/6th grade divisions, this rule will be enforced by the book and called at the official's discretion.

16. TEN SECOND/HALF COURT LINE

- A. All grade divisions will abide by this rule.

17. THREE (3) POINT SHOT

- A. The Three-Point-Shot is allowed in ALL grade divisions.

18. START OF EACH GAME/QUARTER

- A. Each game begins with a jump ball at center court.
- B. In all other jump ball situations (excluding the overtime period), the teams use alternate possession of the basketball, including at the start of each subsequent quarter.

19. TEAM FOULS

- A. A team will reach the Bonus after their opponent commits five (5) fouls in each quarter.
- B. Team Fouls RESET at the beginning of each quarter.
- C. Players shoot two (2) free throws for common fouls when in the "bonus".

20. MERCY RULE

- A. If a team is leading by 20 or more points in the fourth quarter, the clock will stop only for time-outs or injuries.

21. TIMEOUTS

- A. Each team has five (5) timeouts for their regulation game.
- B. Timeouts may be used at any time during the game, and unused regulation timeouts carry over to the overtime period.
- C. A timeout shall not exceed 60 seconds.

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22. OVERTIME RULES – REGULAR SEASON

- A. If a game at the end of regulation play is tied, there will be one (1) extra period of two (2) minutes in length.
- B. The Game Clock operation will follow the normal end of game operation, during the entire two-minute overtime duration – Rule 15.B
- C. If the regular season game is tied after the extra period, the game is declared a tie.
- D. Each team receives one additional time-out for the overtime period.
- E. Initial possession of the overtime period is determined by a jump ball at center court.

23. FREE THROWS

- A. 3rd/4th Grade Boys & Girls
 - 1. A 3rd/4th Grade player will shoot their free throw from the normal free throw line.
 - 2. If a 3rd/4th Grade player lands past the free throw line after a made free throw.....
 - a. The made basket will not count
 - b. If this is the first of two free throws, the player will then attempt the second free throw.
 - c. If this is the second of two free throws, the first shot of a one and one, or the second shot of a one and one, the ball will change possession, and thrown into play from out of bounds.
 - 3. Players lined up on the side of the free throw lane for a free throw attempt are to be set up like a MS/HS free throw attempt.
 - a. There should be a free throw lane position open between the defensive player closest to the basket and the basketball goal.
 - b. Players are positioned accordingly --- Defense, closest to the basket, Offense next, followed by Defense (positioned closest to the free throw shooter).
 - c. 6 total players are to be lined up outside of the lane during the free throw attempt (4 from defense and 2 from offense).
- B. 5th/6th Grade Boys & Girls Same as 3rd/4th Grade Free Throws
- C. Players shoot two (2) free throws for common fouls when in the “bonus”. No one and one free throws anymore.

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24. DEFENSIVE PLAY "PRESSURE DEFENSE"

A. 3rd Grade Boys & Girls

1. When the basketball is rebounded from a missed shot or free throw all defensive players must immediately run back past the 3-point line. If a defensive player touches the ball or disrupts the offensive player with the ball in back court, play will be stopped and the offensive team will get the ball out of bounds at half-court.
2. In the 1st, 2nd, and 3rd quarters, the defensive team must stay inside the 3-point arc until the offensive team breaks the 3-point line with the BALL one time.

Example: The offensive team brings the ball down court and passes the ball around outside the 3-point arc; the defensive team cannot cross the 3-Point line to intercept or steal the ball until the BALL goes inside of the 3-point line.
3. Once the BALL goes inside the 3-point line, the defensive team can cross the 3-point line to get a rebound, loose ball or play defense (if the offensive team gets the rebound).
4. During the 4th quarter and overtime period(s), the defensive team can play defense as soon as the offensive team brings the ball past half-court.
5. When a team becomes 15+ points ahead, in the 4th quarter, defensively they must start inside the 3-point line (not half court), until the offense breaks the 3-point line with the BALL.

B. 4th Grade Boys & Girls

1. When the ball is rebounded from a missed shot/free throw all defensive players must immediately run back past the 3-point line. If a defensive player touches the ball or disrupts the offensive player with the ball in back court, play is stopped and the offensive team will get the ball out of bounds at half-court.
2. In the 1st and 2nd quarters, the defensive team must stay inside the 3-point arc until the offensive team breaks the 3-point line with the ball one time.

Example: The offensive team brings the ball down court and passes the ball around outside the 3-point arc; the defensive team cannot cross the 3-Point line to intercept or steal the ball until the BALL goes inside of the 3-point line.
3. Once the BALL goes inside the 3-point line, the defensive team can cross the 3-point line to get a rebound, loose ball or play defense (if the offensive team gets the rebound).
4. During the 3rd and 4th quarters and in the overtime period(s), the defensive team can play defense as soon as the offensive team brings the ball past half-court.
5. When a team becomes 15+ points ahead, in the 3rd or 4th quarters, defensively they must start inside the 3-point line (not half court), until the offense breaks the 3-point line with the BALL.

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24. DEFENSIVE PLAY “PRESSURE DEFENSE” CONT.

- C. 5th/6th Grade Boys & Girls
 - 1. When the ball is rebounded from a missed shot/free throw, the defensive players MAY pressure the ball all the way down the court, and teams MAY set up a full court press on any out-of-bounds play, until the pressing/defensive team is ahead by ten (10) or more points.
 - 2. At this point, the team MAY NOT pressure the ball after a missed shot/free throw, and MAY NOT set up any type of full court press defense on any out-of-bounds play in the back court. The team in-bounding the ball may throw it in and bring the ball across the center court line, prior to the ten (10) second count, before the defensive team can pressure the ball.

25. END OF THE SEASON TOURNAMENT

- A. Each tournament seed in the divisional tournament is determined by standings kept during the regular season.
- B. A tie game during the regular season is tallied as a tie game in the standings.
- C. In case of a tie of team records in the standings at the conclusion of the regular season, the following tie-breakers apply.
 - 1. Head-to-Head competition
 - 2. Total points allowed in all games played
 - 3. Total points scored in all games played
 - 4. Flip of the coin
- D. End of the Season Tournament Winners and Tournament Runner’s-Up receive medals.
- E. Players must play in half of their scheduled league games in order to be eligible to play in their End of the Season Divisional Tournament.
- I. Overtime Rules – Tournament Game
 - 1. If a game is tied after the first two-minute overtime period, an additional two-minute overtime period is played. This continues until there is a winner at the conclusion of the overtime period(s).
 - 2. The Game Clock operation will follow the normal end of game operation, during the entire two-minute overtime duration
 - 3. Teams receive one additional time out at the beginning of each overtime.
 - 4. Each overtime period begins with a jump ball at center court.
 - 5. The 3rd/4th grade fourth quarter pressure defense rule applies in the overtime period(s).

SBBL COACH CONDUCT POLICY

1. Each team's coach should conduct himself/herself in a calm and rational manner at all times.
 - A. If a coach receives one (1) technical foul during the year, he/she will be ejected from that game, basketball area and building.
 - B. If a coach receives two (2) technical fouls during the year, he/she will be ejected from those games AND suspended automatically for four (4) games. If the second technical foul comes at the end of the season, the suspension will carry over to any additional sport the coach coaches.
 - C. If the coach receives three (3) technical fouls during the season, he/she will be ejected from those game AND will be banished from coaching any youth basketball team in the Scott Brown Youth Basketball League for a period of one season.
2. Please remember these games are for the children; the Scott Brown Youth Basketball League will not tolerate badgering of officials, foul language of any type, or poor conduct.
3. Poor officiating does not give the coach the right to act out of line in any way. The coach's position is to teach, instruct and lead his team by example, not to rant and rave at officials.
4. If there is a problem with an official, please bring it up with the OCPR Recreation Director after the game and the problem will be handled properly.