

OSAGE COUNTY SOCCER CLUB

Rules of the Game

The Osage County Soccer Club is an instructional league comprised of Overbrook, Lyndon, Osage City, and West Franklin.

1. BALL SIZE

PreK & Kindergarten Size 3 Ball

1st & 2nd Grade Size 3 Ball

3rd & 4th Grade Size 4 Ball

2. NUMBER OF PLAYERS PER GAME

PreK & Kindergarten 5 v 5

1st & 2nd Grade 5 v 5

3rd & 4th Grade 6 v 6

3. GAME LENGTH

PreK & Kindergarten 2, 16 Minute Halves

1st & 2nd Grade 2, 20-Minute Halves

3rd & 4th Grade 2, 25-Minute Halves

4. REFEREES

There will be one or more referees assigned to each Divisional Game.

5. COACHES

PreK & Kindergarten

- a. One coach from each team may be on the field. Their responsibility is to help position players and provide guidance to their team.
- b. The coach should remain away from the front of the goal at all times and try to remain out of the way.

1st & 2nd Grade and 3rd & 4th Grade

- a. No coaches are allowed on the playing field.

6. SUBSTITUTIONS

The coach needs to make a request to the referee prior to making a substitution.

A team can substitute after either team scores.

A team can substitute before either team's goal kick.

A team can substitute on ANY throw-in.

A team can substitute for an injured player.

7. GOALIES

All Divisions

- a. There shall be a goalie for each divisional team.
- b. Goalies are required to wear a different colored penny, shirt or jersey.
- c. The goalie has 6 seconds to release the ball.
- d. The goalie cannot use their hands if:
 - (1) The goalie has picked up the ball and then placed it on the ground. The goalie cannot pick the ball up again until another player has touched it.
 - (2) The goalie receives an intentional pass from their own team (other than a header).
 - (3) The goalie receives the ball from a throw-in from their own team. The goalie may only pick up the ball if the ball is in their defensive goal box.

8. KICK OFF

Occurs to start off and after half-time.

The kick is taken from the center of the field and the ball must move forward.

The kicker may not kick the ball again until it has been touched by another player.

A goal may be scored on a kick-off.

Defenders must remain the radius of the center circle back until the ball is played.

Players must be on their own side of the field during kick-offs.

The team winning the coin toss takes the kick-off at the start of the game and each team alternates at the start of each quarter or half.

If a goal is scored on the kick-off, the team who has scored on takes the kick-off to resume play.

9. GOAL KICK

A goal kick is awarded when the ball crosses the goal line (end line) and was touched last by the opposing team.

The defending players must stand at least 4 yards (PreK & Kindergarten and 1st & 2nd Grade) or 8 yards (3rd & 4th Grade) away from the ball until the ball is in play.

A goal may be scored from the goal kick.

All Divisions

- a. The kick is taken from the edge of the penalty box.
- b. The kicker may not play the ball again until it has touched another player first.

10. DIRECT FREE KICK

A direct free kick, unlike an indirect free kick, allows a player to score a goal against the opposing side without it first touching another player.

The Direct Free Kick is awarded at the spot of the foul for the following violations: tripping, kicking, striking, holding, pushing, charging, deliberate hand ball, spitting, or making contact with an opponent with the ball.

The kicker may not touch the ball until another player touches the kick.

Defenders must remain 8 yards back until the ball is played.

PreK & Kindergarten	No Direct Free Kick
1 st & 2 nd Grade	No Direct Free Kick
3 rd & 4 th Grade	Direct Free Kicks are Awarded

11. INDIRECT FREE KICK

An indirect free kick is awarded at the spot of the foul for the following violations: tripping, kicking, striking, holding, pushing, charging, deliberate hand ball, dangerous play, spitting, or making contact with an opponent without the ball.

Defenders must stand 4 yards away.

A goal may not be scored from the indirect kick unless the ball has touched another person first.

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12. OFFSIDE

PreK & Kindergarten	No Offside
1 st & 2 nd Grade	No Offside
3 rd & 4 th Grade	Offside will be called

The penalty for offside is an awarded indirect free kick to the opposing team to be taken from the place where the offside occurred.

You are NOT offside if you are doing any of the following:

- a. Are in your own half of the field (your half is the half your goalkeeper is on).
- b. Are even with or behind the ball.
- c. Don't go past the "Second Last Defender" (The goalkeeper is usually, but not always, the last defender; this might be the case if the goalkeeper is out of the goal).
- d. Receive the ball direct from a goal kick, corner kick or throw-in --- But you can be offside if you receive it direct on a "free kick".
- e. Are the ball handler.

13. THROW-INS

Throw-Ins are awarded at the point that the whole ball crosses the sideline (touchline).

The throw-in motion starts from behind the head and proceeds straight over the top of the head with both hands on the side of the ball.

Both feet must be in contact with the ground during this motion.

If a throw-in is deemed incorrect the player throwing the ball in can do it over.

A goal may be scored in a throw-in if any player, same or opposite team touches the ball before it enters the goal.

14. OUT OF BOUNDS

The ball is out of play when the ball is completely crosses the goal line or sideline – whether it is on the ground or air.

The team gaining possession is responsible for getting the ball.

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15. PENALTY KICK

All Divisions Penalty Kicks will be called in each division.

A Penalty Kick is awarded if a defensive player commits any of the major violations listed under Direct Free Kicks in their penalty area.

All players, except the goalie and player taking the kick must remain outside the penalty area until the ball is played.

The penalty kick is taken from 8 yards in front of the goal.

The goalie must remain on the goal line until the ball is kicked.

The kicker is not permitted to touch the ball a second time until another player has touched the ball.

16. SLIDE TACKLING

No slide tackling is allowed in ANY division.

If a slide tackle is called, the result is a Direct Free Kick for the opposing team.

17. PLAYING TIME

Each player on the team MUST play at least 50% of the total playing time in each game.

18. SPORTSMANSHIP

Coaches are responsible for the conduct of their assistant coaches, players, and spectators at all times.

No coach, player, or spectator shall yell at opposing coach, players, and fans.

No coaches or fans shall run up and down the sidelines during the game.

After the game is complete, players and coaches will line up and shake hands with the opposing team and referees along the centerline.

